## Danish Maritime Authority

| Radio Medical Record |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Name / title: |  | Birthdate / cpr. | Gender: | Nationality: | Date: | UTC: |
| Shipping company: | Ship name: | Ship e-mail: |  | Satellite call no.: | Call signal: |  |
| Coordinates: | Destination/ETA: | Nearest port and ETA: |  | Medicine chest: | Page 1 of: |  |
| Does the patient take any medicine? Does the patient have any allergies? |  |  |  |  |  |  |
| If so, wich one(s): |  |  | If so, wich one(s): |  |  |  |
| No ( ) Don't know ( ) |  |  |  |  |  |  |

Problem description (what has happened - where did it happen - when did it happen - what are the patient's symptoms)
$\square$

\begin{tabular}{|c|c|}
\hline \multicolumn{2}{|r|}{A: Airway} <br>
\hline Investigate \& Action <br>
\hline Clear airways

Oxygen \& | Yes ( ) No ( ) If no: Jaw lift ( ) Suction applied ( ) Guedal® airway ( ) |
| :--- |
| If no breathing, or insufficient gasping for air, CPR initiated at: |
| Oxygen administered liters pr.min. | <br>

\hline Neck / back Suspicion of injury \& Yes ( ) No ( ) Fitted neck collar: Yes ( ) No ( ) <br>
\hline \multicolumn{2}{|r|}{B: Breathing} <br>
\hline Investigate \& Action <br>

\hline | Breathing frequency and depth (See - listen - feel) |
| :--- |
| Oxygen saturation in \% | \& | Description of breathing: |
| :--- |
| Fast ( ) Slow ( ) Shallow ( ) Deep ( ) Normal ( ) Other: |
| Number of breaths per min.: (normal 12-16) |
| Oxygen saturation in \%: (normal: 95-100\%) | <br>

\hline \multicolumn{2}{|r|}{C: Cirkulation} <br>
\hline Investigate \& Action <br>
\hline Capillary response \& Number of seconds If more than 2 seconds: Venous cannula inserted: Yes (O) No ( O ) <br>
\hline Skin color \& Pale ( ) Reddish ( ) Bluish ( ) Normal ( ) <br>
\hline Skin temperature and humidity \& How does the skin feel: <br>
\hline Pulse \& Pulse per. min.: (normal 60-80) Measured at: the wrist ( ) the neck ( ) the groin ( ) <br>
\hline Blood pressure \& Blood pressure: / (normal 120-140 / 60-90) <br>
\hline
\end{tabular}

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| D: Disability |  |
| :---: | :---: |
| Investigate | Action |
| Level of consciousness | ( ) 1. Awake, alert and well orientated <br> ( ) 2. Unclear, but responds to questions <br> ( ) 3. Does not respond to questions but to pain stimuli <br> ( ) 4. Unconscious and unresponsive to pain stimuli <br> Convulsions: Yes ( ) No ( ) Paralysis: Yes ( ) No ( ) |
| Pupil reaction | Normal: Yes O (uniform contraction) No O describe what you see: |


| E: Expose |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :---: |
| Investigate | Performed | Action |  |  |  |
| Top to toe examination. <br> Signs of injury / illness <br> not recogniced under A- <br> B-C-D | Yes ( ) No ( ) | If yes, describe any symptoms / findings: |  |  |  |
| Signs of hypothermia <br> or overheating | Yes ( ) No ( ) | If yes, describe any symptoms / findings: |  |  |  |
| Temperature measurement | Yes ( ) No ( ) | Temperature (mouth): $\quad$ Temperature (measured alternatively): | Where: |  |  |

## Performed actions not described above:

If possible, attach image(s) when sending mail.

If you gave any medication before contact to Radio Medical, please list here

| Time.: | Time.: |
| :--- | :--- |
| Time.: | Time.: |

The name and title of the Medical Officer
$\square$

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## Radio Medical record - continued documentation

Time
(Radio Medical's prescriptions must include: Medication name, strength, number and duration)

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Radio Medical Record - Observation Chart
Patient's name:
Birthdate / CPR

|  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Date |  |  |  |  |  |  |
| Time |  |  |  |  |  |  |
| General condition (1 - 4) |  |  |  |  |  |  |
| Level of consciousness (1-4) |  |  |  |  |  |  |
| Oxygen liters/min |  |  |  |  |  |  |
| Breathing frequency /min.(12-16) |  |  |  |  |  |  |
| Oxygen saturation in \% (95-100) |  |  |  |  |  |  |
| Capillary response in sec. (<2 sek.) |  |  |  |  |  |  |
| Heart rate / min. (60-80) |  |  |  |  |  |  |
| Blood pressure (120-140 / 60-90) |  |  |  |  |  |  |
| Pupil reaction ( Normal + / + ) |  |  |  |  |  |  |
| Temp. measured in the mouth (36,5) |  |  |  |  |  |  |
| Venous cannula inserted (yes / no) |  |  |  |  |  |  |
| Intravenous fluid, drops / min. |  |  |  |  |  |  |
| Fluid intake / drink |  |  |  |  |  |  |
| 24-hour urine |  |  |  |  |  |  |
| Urine sticks |  |  |  |  |  |  |
| Blood sugar (4-7 mmol / liter) |  |  |  |  |  |  |
| Malaria test |  |  |  |  |  |  |

## How to code:

## General condition

$1=$ The patient is generally unaffected
$2=$ The patient is slightly ill or not completely well
$3=$ The patient is ill and generally affected
$4=$ The patient is very ill and heavily affected

## Level of consciousness

1= Awake, alert and well orientated
2= Unclear, but responds to questions
3= Does not respond to questions but responds to pain stimuli
4= Unconscious and unresponsive to pain stimuli

## Pupil reaction

Normal reaction indicated by $+/+$
In case of abnormal reaction, describe
your findings (eg. right pupil large,
without light reaction)

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Table of fluids


NOTE: Include 1000 ml. body evaporation per day

